What to do when you are concerned about someone’s mental health, including your own

**Facts and Myths about Mental Illness**  
**Learn How to Access Behavioral Health Services**  
**Learn about the Court-Ordered Evaluation process in Arizona**

Does the individual appear to be an immediate danger to his/her own safety or to the safety of others?  

**YES**  
**Call 911**

**NO**

Does the individual appear to be in need of mental health assistance right away?  

**YES**

**NO**

What is your relationship with this individual?

- **SELF or FAMILY MEMBER**
  - Child, adolescent, or adult  
    - Click Here

- **FRIEND OR ACQUAINTANCE**
  - Friend, colleague, neighbor, classmate, etc.
    - Click Here

- **OTHER**
  - Coworker, colleague, supervisor, customer, etc.
    - Click Here

**Click Here** to provide the person his/her local crisis number or offer to call on his/her behalf

Return to ADHS/DBHS website